

CROWN POINT CENTRAL SCHOOL
LUNCH MENU – OCTOBER 2009

Thursday, Oct. 1, 2009
Chili over Rice
Rolls & Promise
Blueberry Sheet Cake

Friday, Oct. 2, 2009
Pepperoni or Cheese Pizza
Green Salad
Fruit Cup

Monday, Oct. 5, 2009
Pasta Salad
Turkey Slices
Rolls & Promise
Pears

Tuesday, Oct. 6, 2009
Hot Meat Ball Sub.
Parm. Cheese
Cabbage Salad
Applesauce

Wednesday, Oct. 7, 2009
Italian Dunkers
Mozz. Cheese, Pizza Sauce
Green Beans
Mandarin Oranges

Thursday, Oct. 8, 2009
Turkey & Gravy
Mashed Potato, Peas
Rolls & Promise, Cranberry Sauce
Cookies

Friday, Oct. 9, 2009
Pepperoni or Cheese Pizza
Green Salad
Fruit Cup

Tuesday, Oct. 13, 2009
Michigan or Plain Hot Dog on Bun
French Fries, Ketchup/Mustard
Chocolate Pudding

Wednesday, Oct. 14, 2009
Barbecue Rib on Bun
Barbecue Sauce, Corn,
Pears

Thursday, Oct. 15, 2009
Chicken Patty on Bun
Sliced Cheese
Macaroni Salad, Fruit

Friday, Oct. 16, 2009
Pepperoni or Cheese Pizza
Green Salad
Apples

Monday, Oct. 19, 2009
Sloppy Joe on Bun
Corn, Sliced Cheese
Blueberry Whip

Tuesday, Oct. 20, 2009
Chicken & Gravy over Rice
Carrots, Rolls & Promise
Peaches

Wednesday, Oct. 21, 2009
Hot Dog on Bun
Macaroni Salad
Chocolate Pudding

Thursday, Oct. 22, 2009
Chili over Rice
Corn Muffins
Pineapple

Friday, Oct. 23, 2009
Pepperoni or Cheese Pizza
Green Salad
Fruit Cup

Monday, Oct. 26, 2009
Spaghetti & Meat Sauce
Green Beans, Italian Bread/Promise
Applesauce

Tuesday, Oct. 27, 2009
Macaroni & Cheese
Corn, Rolls & Promise
Cookies

Wed, Oct. 28, 2009
Chicken Cacciatore
Mashed Potato
Rolls & Promise, Peas
Fruit

Thurs. Oct. 29, 2009
Sliced Turkey
Mashed Potato, Peas
Rolls & Promise, Fruit

Friday, Oct. 30, 2009
Pepperoni or Cheese
Pizza, Green Salad
Fruit

(Milk served with every
Meal – Whole, 2%,
Chocolate and Skim)