Crown Point Central School

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October 9, 2020 Dear Parents,

This letter is to inform you that a person was diagnosed with COVID-19 at Crown Point Central School on Thursday, October 8th. The Essex County Department of Health is investigating the situation, conducting contact tracing, and issuing isolation and quarantine orders as needed. If your child is identified as a contact of the infected person, you will be notified directly. COVID-19 is a virus that is most frequently spread from person to person via close contact, including talking, coughing, and sneezing within 6' of the infected person. Anyone can get COVID-19, but it can be especially dangerous for people with underlying chronic conditions, and older adults.

Symptoms of COVID-19 include:

- Fever or chills
 - Cough
- Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

As always, please monitor yourself/your child for any signs or symptoms of COVID-19. If you/your child develops any symptoms you should immediately notify your primary care provider, and remain isolated in your home until you are diagnosed as not having COVID-19 or it has been 10 days since symptom onset, plus at least 3 days without fever, plus symptoms are mostly resolved.

- 1. Individuals exposed to COVID-19 should remain in guarantine for 14 days from the date of exposure.
- 2. Individuals diagnosed with COVID-19 should remain in isolation until (local health department) issues discontinuation of isolation orders.

For more information about COVID-19, please visit https://coronavirus.health.ny.gov/protect-yourself-and-your-family-coronavirus-covid-19. If you have any questions or concerns, please call the Essex County Health department at 518-873-3500 or Crown Point Central School at 518-597-4200.

Sincerely Marthamel Shari L. Brannock, Superintendent