

Crown Point Central School

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Dear Panther Students & Families,

It has been brought to our attention of a new and potentially dangerous trend on social media that we felt the need to alert you.

A recent challenge on TikTok is spreading called the “Benadryl Challenge”. Please be aware as the antihistamine is being overused to create hallucinogenic effects on the users. Side effects of excessive use include: sleepiness, dry mouth, constipation, and the inability to pass urine. In severe cases, a person might experience delirium, psychosis, seizures or comas, etc. It has been recommended to please be mindful of your medicine cabinets and monitor medication purchases made by your child.

This is the link to read up on further: <http://www.healthline.com/health-news/benadryl-challenge-on-tiktok-is-dangerous-experts-say#Proper-dosages>

If you have any further questions, you can contact us. We will use our partnership with the Prevention Team to help answer any and all questions you may have.

Thank you for your attention in this matter.

Yours in Education,

Tara S. Celotti, Principal